

## Volunteer from Home

Support LifeMoves COVID-19 Emergency Relief Efforts

**Please email [dhope@lifemoves.org](mailto:dhope@lifemoves.org) to coordinate donation drop-off and questions**

**Become a Fundraiser** – Create a custom digital fundraising page (team or individual) and share it with friends and family to raise money for LifeMoves COVID-19 Emergency Relief Fund. All donations will be matched 1:1. [Learn more and get started here](#)

**Host a Donation Drive** - Collect urgently-needed items for our shelters. [Get started here](#)

**Sponsor a Meal** - Choose a shelter, then order a meal and arrange delivery. We offer a list of recommended restaurants. [Sign up here](#)

**DIY Face Masks** - Make at home and donate for LifeMoves clients and staff:

- Read the CDC recommendations and instructions for wearing and making DIY facemasks [here](#)
- We prefer you:
  - a. Make and donate the Sewn Cloth Face Covering
  - b. Use tightly woven cotton, such as quilting fabric
- We need masks for adults and children over the age of 2
  - a. For children over the age of 2, start by cutting fabric 8" x 5"
- Order materials online for delivery or store pick-up at [www.joann.com](http://www.joann.com) or your favorite fabric store
  - a. JOANN's is offering curbside pick-up and kits with slightly different directions
- Deliver in plastic bags labeled "Face Masks"
  - a. Deliveries are accepted Monday – Friday 10am – 4pm to:
    - i. **LifeMoves Administrative Office:**
      - 1. 181 Constitution Drive, Menlo Park.
      - 2. Ring bell at front door and staff will answer
    - ii. **Julian Street Inn:**
      - 1. 546 West Julian Street, San Jose
      - 2. Park in short term spaces on Montgomery or Julian. Place donation bags inside the entrance gate on Montgomery Street.

**No Sew Fleece Blankets** - One of our most popular projects can be done at home.

- Purchase Fleece Blanket Kits for you and your team members. - Order online or pick up in-person. Joann's offers curbside pick-up. [www.Joann.com](http://www.Joann.com) (search No Sew Throw).
- Make blankets - you'll only need a pair of scissors.
- Deliver in plastic bags labeled "Fleece Blankets"
  - a. Deliveries are accepted Monday – Friday 10am – 4pm to:
    - i. **LifeMoves Administrative Office:**
      - 1. 181 Constitution Drive, Menlo Park.
      - 2. Ring bell at front door and staff will answer

ii. **Julian Street Inn:**

1. 546 West Julian Street, San Jose
2. Park in short term spaces on Montgomery or Julian. Place donation bags inside the entrance gate on Montgomery Street.

**Create & Deliver or Order Online with Delivery**

- **Snack Bags** for children staying in our shelters and home from school. Decorate brown paper lunch bags then fill them with 3 healthy, non-perishable snacks. Check out Pinterest for creative ideas and recipes.
- **Boredom Busters!** Art and Activity Supplies both for Adults and Children in our shelters; ideas include coloring books, puzzles and activity kits.
- **Household Supplies** for laundry and cleaning. Deliver or ship in bulk. Get creative and decorate a large brown paper bag or wrap a basket.
- **Care Kits** for adults and teens. Decorate brown paper lunch bags or provide a fun container then fill with your favorite self-care items. Examples include soaps, shampoos, conditioner, nail polish and remover, scrunchies, wash cloth or loofah, shaving cream, toothbrush and toothpaste, and dental floss.

***Please email [dhope@lifemoves.org](mailto:dhope@lifemoves.org) to coordinate donation drop-off and questions***

Thank you!