

LifeMoves provides interim housing and supportive services for unhoused families and individuals to rapidly return to stable housing and achieve long-term self-sufficiency.

GoodMoves

Summer 2023

LifeMoves
Breaking the Cycle of Homelessness



INTERIM SUPPORTIVE HOUSING SITE IN REDWOOD CITY

New Interim Housing Sites Open in Redwood City and San Jose

PEOPLE WHO ARE experiencing homelessness in Silicon Valley now have additional relief. Two new interim housing sites — the San Mateo County Navigation Center in Redwood City and the San Jose Bridge Emergency Interim Housing site — provide people with a fresh start and an opportunity to find permanent housing. The opening of these two new interim housing sites is a significant step forward in the fight to end homelessness in Silicon Valley.

Up to 270 residents in the Redwood City site will enjoy private rooms, outdoor community spaces, an electric commercial training kitchen, and on-site case management, and other services.

The San Jose site includes 96 modular units with private en-suite showers and restrooms, on-site laundry, a kitchen, and outdoor community spaces.



INTERIM SUPPORTIVE HOUSING SITE IN SAN JOSE

Residents of both facilities can receive a variety of supportive services including substance use disorder outpatient services, medical care, and access to specialists in housing, benefits, and vocational services. The centers also offer workshops and support groups to provide a path to self-sufficiency. ✓

FROM OUR CEO
AUBREY MERRIMAN



Now the Real Work Begins

OVER THE PAST YEAR, we have been telling you about the new interim housing sites that we have been building. It's great news that will help your unhoused neighbors move off the streets.

But, what's their next move?

After experiencing loss of a job or breadwinner, divorce, domestic violence, intolerance of an LGBTQ identity, mental or physical health issue, or other challenges, our clients face a harsh reality — getting a temporary place to stay is one thing. But getting your life stabilized so that you can become self-sufficient and remain housed is another.

That's when their real work begins — and ours. When someone enters a LifeMoves site, it's their moment to turn their life around. Our dedicated case managers and support teams work diligently with our clients to help them plot their path to success. Clients receive individualized plans for their goals and a full range of services to support their needs. Our staff are with them at every step, even when the going gets tough.

Supporting people in their journey is our calling, and it starts at the front door. Thank you for helping to open it.

Warm regards,

Aubrey Merriman's handwritten signature in black ink.

Aubrey

**“You saved our lives...
You have patience
and understanding.
God bless all of you
for what you do here.”**

Lisa R.

KATHLENE'S STORY

It's Not Real Until You Get Your Key



IT WAS HER HOME and her community, but it was public land. Now it was needed for a dam.

When the police came to close the encampment, everything was chaos. But instead of arresting her, one police officer gave her time to gather her things and to connect with LifeMoves.

“Sometimes it's one person's decision that makes a difference,” Kathlene said.

A creative, inquisitive, passionate woman, she has a degree in Interior Design and a Class A Commercial driving license. In 2016, she became homeless when her car broke down in San Jose.

When Kathlene connected with LifeMoves, everything changed. Before the chaotic day was done, she had a key to her own room.

“I could finally get some things done, I could finally get some peace, I could finally take a shower and not be worried about my stuff getting stolen,” she said.

When she connected with LifeMoves, everything changed. Before the day was done, she had a key to her own room.

Many of her friends from the encampment are at the San Jose Bridge Emergency Interim Housing site so she has her community as well as clean clothes, three meals a day, and access to social and medical services.✓

MICHAEL'S STORY

Broken Bones, Broken Spirit, Moving Forward

BROKEN COLLAR BONE and pelvis, torn liver, bruised kidney — an on-the-job injury cost Michael his union job, his medical insurance, his savings, and his home. The pain led to addiction.

Homeless for three years, he couch surfed until he found LifeMoves Maple Street Shelter, where he started his recovery. His physical health is better, his addiction conquered.

“A lot of things are going in a more positive direction,” Michael said. “I have a great support group through LifeMoves that has been very supportive and educational as well.”

But that was just the start. He recently moved from the shelter to the Navigation Center in Redwood City where he has his own room and access to medical and dental services as well as job counselors, social workers, and case managers.



The things most people take for granted are treasured at the Navigation Center. “The privacy of your room, being able to take a shower—there’s a lot of burdens that are lifted so you can focus on going forward,” Michael said.

“A lot of things are going in a more positive direction.”

Michael

“The resources we have here are just phenomenal!” he said, adding that his case manager has connected him with job opportunities as well as medical care.

“I got diagnosed with something, and had it not been for the doctor on site, I may not have found that.”

The next step is permanent housing. “I’m just going forward now,” he said. “I’m not gonna let myself down, my family down. I’m definitely going forward.”



Volunteer BBQ for Clients

We were thrilled to have our first volunteer event since our clients moved into the Navigation Center in Redwood City. More than a hundred of our clients were ecstatic to enjoy a delicious meal in the beautiful outdoor community area. A heartfelt thank you to Order of Malta for hosting a BBQ with delicious food including tri-tip, corn on the cob, coleslaw, and more. The meal was prepared by nearly 30 volunteers in the site’s new training kitchen — the first volunteer group to use it. We are committed to ensuring our clients feel welcome by building a sense of community and inclusivity. Volunteer events like these are one way we achieve that.



BANK OF AMERICA has partnered with LifeMoves to support our summer camp program. The bank’s 8-week Student Leaders Program pairs participants with a hands-on experience at a nonprofit — serving as leaders in our summer camp. Camp is offered to every child enrolled in a LifeMoves program, at no cost — typically more than 100 children are enrolled. Campers get enrichment and socialization opportunities as well as breakfast, lunch, and snacks. LifeMoves thanks the Bank of America for its continued support over the years.



Please note our new address:

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650.685.5880

www.lifemoves.org

LifeMoves 9TH ANNUAL
Ride to End Homelessness



Join us!

Saturday, August 26
VMware Campus - Palo Alto

Have fun with your friends, family, and coworkers on our community ride. Routes for all abilities — from 6 miles to 66 miles. Support our unhoused neighbors and end homelessness in Silicon Valley.

go.lifemoves.org/RTEHNow

