

## Volunteer from Home

Support LifeMoves COVID-19 Emergency Relief Efforts

**Please email Carmen Kapanga [Ckapanga@lifemoves.org](mailto:Ckapanga@lifemoves.org) and Lynnelle Bilsey [Lbilsey@lifemoves.org](mailto:Lbilsey@lifemoves.org) with questions or to coordinate donation drop-off.**

**Become a Fundraiser** – Create a custom digital fundraising page (team or individual) and share it with friends and family to raise money for LifeMoves COVID-19 Emergency Relief Fund. All donations will be matched 1:1. [Learn more and get started here](#)

**Host a Donation Drive** - Collect urgently needed items for our shelters. [Get started here](#)

**Sponsor a Meal** - Choose a shelter, then order a meal and arrange delivery. We offer a list of recommended restaurants. [Sign up here](#)

**DIY Face Masks** - Make at home and donate for LifeMoves clients and staff:

- Read the CDC recommendations and instructions for wearing and making DIY facemasks [here](#)
- We prefer you:
  - a. Make and donate the Sewn Cloth Face Covering
  - b. Use tightly woven cotton, such as quilting fabric
- We need masks for adults and children over the age of 2
  - a. For children over the age of 2, start by cutting fabric 8” x 5”
- Order materials online for delivery or store pick-up at [www.joann.com](http://www.joann.com) or your favorite fabric store
  - a. JOANN’s is offering curbside pick-up and kits with slightly different directions
- Deliver in plastic bags labeled “Face Masks”

**No Sew Fleece Blankets** - One of our most popular projects can be done at home.

- Purchase Fleece Blanket Kits for you and your team members. - Order online or pick up in-person. Joann’s offers curbside pick-up. [www.Joann.com](http://www.Joann.com) (search No Sew Throw).
- Make blankets - you’ll only need a pair of scissors.
- Deliver in plastic bags labeled “Fleece Blankets”

**Please email [Ckapanga@lifemoves.org](mailto:Ckapanga@lifemoves.org) or [Lbilsey@lifemoves.org](mailto:Lbilsey@lifemoves.org) to schedule a drop-off time.**

Thank you!